

Application Form: Volunteer with Clients



All information provided is considered confidential within our organization. This form can be completed electronically and emailed to volunteer@hospiceyukon.net.

You may also mail or drop off a hard copy to Hospice Yukon, 409 Jarvis St, Whitehorse, YT, Y1A 3G9.

Applications are due by **August 31st** for the Fall Intake of Volunteer Training. Applications received after this date may not be processed.

Name: _____ Date: _____

Address with Postal Code: _____

Telephone: (home) _____ (cell) _____

Email: _____

*In case of emergency, who would you like us to contact?

Name: _____ Relationship: _____ Phone: _____

Allergies: _____

Hospice Yukon encourages potential volunteers to:

- read the contents of our Hospice Yukon website
- browse our Facebook site (it is open to the public)
- attend 'Living with Loss' workshop within last two years (or register for the next session, we offer this four times per year)
- submit a Criminal Records Check (with Vulnerable Sector Check)

A Bit About You:

Languages spoken: _____

Do you have regular access to a computer? (we use email for training info, etc)

Do you have access to transportation? _____

What are your hobbies/interests? _____

How did you hear about our volunteer program? _____

What prompted your interest in becoming a client-focused volunteer?

Which specific area of volunteering interests you the most? Why?

What do you look for in a volunteer role?

What do you believe you bring as skills, attitudes or insights that may benefit our clients, and our organization?

Please list any specific skills, education or training that may be relevant to the volunteer role you are interested in.

Please list relevant volunteer experiences that would contribute your ability to do the volunteer role you are interested in.

What time commitment do you currently have to volunteer? (Hospice Yukon asks for a long term commitment to honor your time and the organization's time.)

Self-Reflection Questions: Please answer the questions briefly and to your comfort level. These areas will be discussed more fully during an interview.

Personal Loss Experience

Have you experienced the death of a loved one (person or pet)? Upon reflection, what lessons did you take away from this experience? If you have not had this experience, reflect upon any major loss in your life and the lessons you learned.

How recent was your last significant death/loss of a loved one? (We generally encourage waiting at least a year after a major loss before becoming a volunteer. This is unique for everyone and can be part of further discussion. We encourage potential and current volunteers to access our resource library and attend workshops offered by Hospice Yukon. When we support our own healing and growth, we can better support others.)

Self-Awareness

How would your co-workers describe working with you?

Besides giving, we all receive at Hospice Yukon. What benefits or personal growth do you imagine you might receive from volunteering here in your area of interest?

In what ways, have you developed your own self-awareness?

Companioning

Our website hospiceyukon.net has information on the Hospice approach to companioning. ('Deep Listening', 'Comfort with silence')

Reflect upon a time that you felt someone else offered you the gift of listening. What was the benefit to you?

What are the ways that you seek to improve your own ability to "deeply listen"?

Well-being

We all have intellectual, emotional, physical and spiritual needs that require balancing. Briefly talk about what you have learned about self-care in your life.

What are some of the ways you currently practice self-care?

What do the phrases “being grounded” or “finding balance” mean to you?

Boundaries

“When you feel yourself becoming angry, resentful or exhausted, pay attention to where you haven’t set a healthy boundary.” - Crystal Andrus

Reflect on an incident where you were challenged. How did you strengthen your boundaries? What did you learn from this experience?

Sometimes clients we are working with refer to us as friends or “the only one who really gets me”. How would you set healthy boundaries in your volunteer work?

Thank you for taking the time to answer these self-reflection questions.

References

Please notify and supply **two** references.

For example, a previous or current employer, manager from a volunteer role you held, or someone who has known you for a minimum of three years.

Please do not use relatives as references.

I give permission for Hospice Yukon to contact these references and I understand that they will be contacted in confidence.

*We prefer email addresses as our first method of contact with references.

Name: _____ Relationship: _____

*Email: _____ Length of Relationship: _____

Phone: _____

Name: _____ Relationship: _____

*Email: _____ Length of Relationship: _____

Phone: _____

Hospice Yukon supports the provision of hospice palliative care
and offers grief support to Yukoners.

Our vision is to inspire a compassionate community through
support and education for Yukoners experiencing death and grief.

