

How to Talk to Kids about Death, Grief and Loss



Many children have great curiosity about death and grief. As a parent it can be difficult to know what and how much to say on the topic. Sooner or later, every child will be confronted with a loss and we can help prepare them by talking about it with them beforehand, and being prepared to answer their questions.

In this workshop you will learn about:

- ◆ **How to talk about death** to children at different ages and stages
- ◆ **How children grieve** at different ages and stages
- ◆ **Resources** for children and parents

This informational evening is geared towards parents and caregivers.

Hospice is also offering a workshop in October for children and parents to explore a loss together.

Monday October 15

6:30 – 8:30pm

For more info or to register
please call: 667-7429