

Kids Create

Healing a Loss Through Creativity



The connection between the head, the heart, and the hand can help kids express their feelings.

Finding ways to express grief through creativity can be a powerful way to help children heal and to make meaning from their loss.

This program gives a child and their parent/caregiver the opportunity to reflect and create together in memory of a beloved person or pet.

Hospice volunteers lead the group through simple crafts, making a memory box, drawing, and optional show and tell.

Children are encouraged to bring photos or other special items to use in creating their memory box.

This program is most appropriate for children aged **7 to 12**. A healthy snack will be provided.

Saturday October 5

1:30 – 4:00pm

To register phone

667-7429