

Grief and the Frontline Professions



“What an incredibly useful workshop; I have not only learned about myself but now have tools to bring home and to work. Thank you!

I see things looking up in all areas of my life thanks to what I’ve learned.”

-C.M.

Many jobs that involve supporting and caring for people also often involve loss and grief. The way we respond to grief impacts the quality and sustainability of our work.

This two day workshop offers:

- An in-depth look at how we grieve
- Skills and resources for supporting others through loss
- Practical tools for reducing stress and finding balance in your professional life
- The opportunity to feel renewed and more confident in supporting yourself, your co-workers and your clients

Who should attend?

Nurses, social workers, teachers, home support staff, therapists, counsellors, RCMP, child care workers, EMS staff, FN Health workers, and others.

May 23 & 24 (Wed & Thurs), 9am—4:30pm

Cost \$325 + GST

Vista Outdoor Learning Centre

To register call Yukon College: 668-8710 CRN: 30018

For more info call Hospice Yukon 667-7429

